



	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
<b>Salat</b>	<ul style="list-style-type: none"> <li>  Salad plate special with marinated tofu and black sesame seeds (28,31) 3,45 €   3,80 €   4,15 €</li> <li>  Large salad bowl (13,27) 0,65 €   1,30 €   1,45 €</li> <li>  Small salad bowl (13,27) 1,75 €   3,50 €   3,85 €</li> </ul>	<ul style="list-style-type: none"> <li>  Salad plate special with marinated tofu and black sesame seeds (28) 3,45 €   3,80 €   4,15 €</li> <li>  Small salad bowl (13,27) 1,75 €   3,50 €   3,85 €</li> <li>  Large salad bowl (13,27,29) 0,65 €   1,30 €   1,45 €</li> <li>  Small salad bowl with Vinaigrette sauce (13,27) 0,65 €   1,30 €   1,45 €</li> </ul>	<ul style="list-style-type: none"> <li>  Salad plate special with marinated chickpeas and bell pepper strips (7,31) 3,45 €   3,80 €   4,15 €</li> <li>  Small salad bowl (13,27) 0,65 €   1,30 €   1,45 €</li> <li>  Large salad bowl (13,27,29) 0,65 €   1,30 €   1,45 €</li> <li>  Small salad bowl with Vinaigrette sauce (13,27) 1,75 €   3,50 €   3,85 €</li> </ul>	<ul style="list-style-type: none"> <li>  Salad plate special with marinated chickpeas and bell pepper strips (7,31) 3,45 €   3,80 €   4,15 €</li> <li>  Small salad bowl with Vinaigrette sauce (13,27,29) 0,65 €   1,30 €   1,45 €</li> <li>  Small salad bowl (13,27) 1,75 €   3,50 €   3,85 €</li> <li>  Large salad bowl (13,27) 0,65 €   1,30 €   1,45 €</li> </ul>	<ul style="list-style-type: none"> <li>  Salad plate special with roasted nuts and dried tomatoes (6,23,32) 3,45 €   3,80 €   4,15 €</li> <li>  Large salad bowl (13,27,29) 0,65 €   1,30 €   1,45 €</li> <li>  Small salad bowl (13,27) 0,65 €   1,30 €   1,45 €</li> <li>  Small salad bowl with Vinaigrette sauce (13,27) 1,75 €   3,50 €   3,85 €</li> </ul>

















Preislegende: Studierende | Beschäftigte | Gäste

Deklarationspflichtige Zusatzstoffe: 2) contains pork or gelatine derived from pork, 3) contains alcohol, 4) flavour enhancer, 5) waxed, 6) contains preservative, 7) contains antioxidant, 8) contains artificial colours, 9) contains phosphate, 10) blackened, 12) contains a source of phenylalanine, 13) contains artificial sweeteners, 14) contains finely ground meat, 16) contains caffeine, 17) contains quinine, 19) sulphuretted, 20) laxative effect

Legende Allergene: 21) contains gluten from grain, 21a) wheat, 21b) rye, 21c) barley, 21d) oat, 21e) spelt, 21f) kamut, 22) crustaceans, 23) contains eggs, 24) fish, 25) peanuts, 26) shell fruits, 26a) almonds, 26b) hazelnut, 26c) walnut, 26d) cashew nut, 26e) pecans, 26f) Brazil nuts, 26g) pistachio, 26h) macadamia, 27) contains celery, 28) contains soy protein, 29) mustard, 30) milk and dairy products, including lactose, 31) sesame seed, 32) sulphur oxide & sulfide at concentration of >10mg/kg or 10mg/l, 33) lupine, 34) molluscs, 35) nitrite curing salt, 36) contains yeast

Despite careful production of our dishes may contain traces of other substances in addition to the labeled ingredients, which are used in the production process in the kitchen or are already contained as traces in the delivered food.

The best choice! The more, the better! 
 Good choice! Every now and then. 
 Rather rare! Best combined with green! 
 Meals are made without fish or meat. 
 Meals are made exclusively of vegan raw materials. 
 sustainable food, 
 sustainable fisheries, 
 Klimaessen, 
 Fairtrade - with ingredients from fair trade

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
<b>Vorspeise</b>	  Fragrant rice and red bean bowl with soy sauce dressing and toasted sesame seeds (6,7,28,31) 3,45 €   3,80 €   4,15 €	  Fragrant rice and red bean bowl with soy sauce dressing and toasted sesame seeds (6,7,28,31) 3,45 €   3,80 €   4,15 €	  Bulgur red lentil bowl with tomato lemon dressing and olives (7,8,10,21a) 3,45 €   3,80 €   4,15 €	  Bulgur red lentil bowl with tomato lemon dressing and olives (7,8,10,21a) 3,45 €   3,80 €   4,15 €	  COLD Chickpea bulgur bowl with sesame lemon dressing and olives (6,7,8,10,21a,28,31) 3,45 €   3,80 €   4,15 €    Chickpea bulgur bowl with sesame lemon dressing and olives (6,7,8,10,21a,28,31) 3,45 €   3,80 €   4,15 €
<b>Dressing</b>	  American dressing (7,28,29)    herb dressing (7,28)    Vinaigrette sauce (29)	  Vinaigrette sauce (7,28,29)    American dressing (7,28)    herb dressing (7,28,29)    French dressing (29)	  American dressing (7,28,29)    Vinaigrette sauce (7,28,29)    herb dressing (29)    French dressing (7,28)	  herb dressing (7,28,29)    American dressing (7,28,29)    French dressing (7,28)    Vinaigrette sauce (29)	  herb dressing (7,28)    American dressing (7,28,29)    Vinaigrette sauce (7,28,29)    French dressing (29)
<b>Suppe</b>	  Leek cream soup with apples (7,28,36) 0,60 €   1,20 €   1,30 €	  Indian chickpea soup (7,36,29) 0,60 €   1,20 €   1,30 €	  Tomato cream soup with basil (7,36) 0,60 €   1,20 €   1,30 €	  Clear onion soup (36) 0,60 €   1,20 €   1,30 €	  Curry and banana soup (7,26a,36) 0,60 €   1,20 €   1,30 €

Preislegende: Studierende | Beschäftigte | Gäste

Deklarationspflichtige Zusatzstoffe: 2) contains pork or gelatine derived from pork, 3) contains alcohol, 4) flavour enhancer, 5) waxed, 6) contains preservative, 7) contains antioxidant, 8) contains artificial colours, 9) contains phosphate, 10) blackened, 12) contains a source of phenylalanine, 13) contains artificial sweeteners, 14) contains finely ground meat, 16) contains caffeine, 17) contains quinine, 19) sulphuretted, 20) laxative effect

Legende Allergene: 21) contains gluten from grain, 21a) wheat, 21b) rye, 21c) barley, 21d) oat, 21e) spelt, 21f) kamut, 22) crustaceans, 23) contains eggs, 24) fish, 25) peanuts, 26) shell fruits, 26a) almonds, 26b) hazelnut, 26c) walnut, 26d) cashew nut, 26e) pecans, 26f) Brazil nuts, 26g) pistachio, 26h) macadamia, 27) contains celery, 28) contains soy protein, 29) mustard, 30) milk and dairy products, including lactose, 31) sesame seed, 32) sulphur oxide & sulfide at concentration of >10mg/kg or 10mg/l, 33) lupine, 34) molluscs, 35) nitrite curing salt, 36) contains yeast

Despite careful production of our dishes may contain traces of other substances in addition to the labeled ingredients, which are used in the production process in the kitchen or are already contained as traces in the delivered food.

 The best choice! The more, the better! 
  Good choice! Every now and then. 
  Rather rare! Best combined with green! 
  Meals are made without fish or meat. 
  Meals are made exclusively of vegan raw materials. 
  sustainable food, 
  sustainable fisheries, 
  Klimaessen, 
  Fairtrade - with ingredients from fair trade



## Montag

## Dienstag

## Mittwoch

## Donnerstag

## Freitag

### Aktion

- Pizza Margherita (21a,30,36)  
4,95 € | 5,45 € | 5,95 €
- Sliced beef with sesame, leeks, cabbage, and Chinese noodles (21a,28,31,36)  
5,95 € | 6,55 € | 7,15 €
- COLD Sliced beef with sesame, leeks, cabbage, and Chinese noodles (21a,28,31,36)  
5,95 € | 6,55 € | 7,15 €

- Sweet potato amaranth burger with cucumber cream (21a,27,28,30,31,36)  
5,95 € | 6,55 € | 7,15 €
- Pizza with mushrooms and red onions (21a,30,36)  
4,95 € | 5,45 € | 5,95 €

- Tarte flambée with bacon (2,6,7,21a,30,36)  
4,95 € | 5,45 € | 5,95 €
- Nasi Goreng with turkey and rice (2,6,28)  
5,95 € | 6,55 € | 7,15 €

### Dessert

- Raspberry coconut curd (7,30)  
0,70 € | 1,40 € | 1,55 €
- cranbeerys yoghurt (30)  
0,70 € | 1,40 € | 1,55 €
- Peach melba pudding (28)  
0,70 € | 1,40 € | 1,55 €

- Pineapple curd (7,21e,30)  
0,70 € | 1,40 € | 1,55 €
- Spelt yoghurt with cherries (30)  
0,70 € | 1,40 € | 1,55 €
- Almond pudding (26a,28)  
0,70 € | 1,40 € | 1,55 €

- Stracciatella yogurt (21e,30)  
0,70 € | 1,40 € | 1,55 €
- Peach and green seed curd (30)  
0,70 € | 1,40 € | 1,55 €
- Caramel Pudding (28)  
0,70 € | 1,40 € | 1,55 €

- Blueberry yoghurt (26a,30)  
0,70 € | 1,40 € | 1,55 €
- Rhubarb curd (30)  
0,70 € | 1,40 € | 1,55 €
- Lemon pudding (8,28)  
0,70 € | 1,40 € | 1,55 €

- Apple-green spelt yogurt (7,21e,30)  
0,70 € | 1,40 € | 1,55 €
- Mango curd (30)  
0,70 € | 1,40 € | 1,55 €
- hazelnut pudding (9,26b,28)  
0,70 € | 1,40 € | 1,55 €

Preislegende: Studierende | Beschäftigte | Gäste

Deklarationspflichtige Zusatzstoffe: 2) contains pork or gelatine derived from pork, 3) contains alcohol, 4) flavour enhancer, 5) waxed, 6) contains preservative, 7) contains antioxidant, 8) contains artificial colours, 9) contains phosphate, 10) blackened, 12) contains a source of phenylalanine, 13) contains artificial sweeteners, 14) contains finely ground meat, 16) contains caffeine, 17) contains quinine, 19) sulphuretted, 20) laxative effect

Legende Allergene: 21) contains gluten from grain, 21a) wheat, 21b) rye, 21c) barley, 21d) oat, 21e) spelt, 21f) kamut, 22) crustaceans, 23) contains eggs, 24) fish, 25) peanuts, 26) shell fruits, 26a) almonds, 26b) hazelnut, 26c) walnut, 26d) cashew nut, 26e) pecans, 26f) Brazil nuts, 26g) pistachio, 26h) macadamia, 27) contains celery, 28) contains soy protein, 29) mustard, 30) milk and dairy products, including lactose, 31) sesame seed, 32) sulphur oxide & sulfide at concentration of >10mg/kg or 10mg/l, 33) lupine, 34) molluscs, 35) nitrite curing salt, 36) contains yeast

Despite careful production of our dishes may contain traces of other substances in addition to the labeled ingredients, which are used in the production process in the kitchen or are already contained as traces in the delivered food.

The best choice! The more, the better! Good choice! Every now and then. Rather rare! Best combined with green! Meals are made without fish or meat. Meals are made exclusively of vegan raw materials. sustainable food, sustainable fisheries, Klimaessen Fairtrade - with ingredients from fair trade



## Montag

### Essen

- Pumpkin-chiaseeds-Medallion Herb sauce (21a,28,36)  
2,15 € | 4,30 € | 4,75 €
- 3 pieces vegetable balls with chickpea and coconut sauce (7,8,28,36)  
1,75 € | 3,50 € | 3,85 €
- rye stew with beet (21b)  
1,90 € | 3,80 € | 4,20 €
- Vanilla corn semolina porridge with Red fruit jelly (7,28)  
1,45 € | 2,90 € | 3,20 €

## Dienstag

- Two cooked eggs in mustard sauce (2,14,21a,23,30,36,29)  
2,45 € | 4,90 € | 5,40 €
- Beef and pork burger with onion and herb sauce (21a,23,30,36,29)  
1,75 € | 3,50 € | 3,85 €
- COLD Farfalle in coconut-ginger sauce with carrots and roasted pumpkin seeds (7,21a,28)  
2,10 € | 4,20 € | 4,60 €
- Farfalle in coconut-ginger sauce with carrots and roasted pumpkin seeds (7,21a,28)  
2,10 € | 4,20 € | 4,60 €
- COLD Millet and vegetable paella (36)  
1,45 € | 2,90 € | 3,20 €
- Millet and vegetable paella (36)  
1,45 € | 2,90 € | 3,20 €
- Curd cheese and semolina casserole with apples and vanilla sauce (7,21a,23,30)  
1,45 € | 2,90 € | 3,20 €

## Mittwoch

- Sweet and sour soy slices with bamboo shoots, red bell pepper and pineapple (7,21a,24,26a,30)  
2,65 € | 5,30 € | 5,85 €
- trout fillet with almond coating with herb yoghurt dip (7,28,36)  
1,75 € | 3,50 € | 3,85 €
- COLD Quinoa with vegetables and crispy soy stripes (7,28,29)  
2,75 € | 5,50 € | 6,05 €
- Quinoa with vegetables and crispy soy stripes (7,28,29)  
2,75 € | 5,50 € | 6,05 €
- COLD Carrot-broccoli casserole with potato slices and cheese au gratin (23,30,36)  
1,45 € | 2,90 € | 3,20 €
- Carrot-broccoli casserole with potato slices and cheese au gratin (23,30,36)  
1,45 € | 2,90 € | 3,20 €

## Donnerstag

- Thinly sliced turkey in tomato and paprika sauce (30,36)  
2,95 € | 5,90 € | 6,50 €
- Two baked vegetable medallions with broccoli sauce (7,21a,21e,27,28,36)  
1,75 € | 3,50 € | 3,85 €
- COLD Buckwheat pan with leek, carrots, raisins and peanut sauce (6,7,25,28,31,36)  
2,75 € | 5,50 € | 6,05 €
- Buckwheat pan with leek, carrots, raisins and peanut sauce (6,7,25,28,31,36)  
2,75 € | 5,50 € | 6,05 €
- COLD Tuscan bean stew (27,36)  
1,45 € | 2,90 € | 3,20 €
- Tuscan bean stew (27,36)  
1,45 € | 2,90 € | 3,20 €
- COLD Indian style rice pudding with raisins, pistachios and cardamom (25,26g,30)  
1,45 € | 2,90 € | 3,20 €
- Indian style rice pudding with raisins, pistachios and cardamom (25,26g,30)  
1,45 € | 2,90 € | 3,20 €

## Freitag

- Steamed coalfish fillet Lemon-Pepper with mango curry sauce (7,24,28,30)  
2,65 € | 5,30 € | 5,85 €
- Three vegetarian Swabian dumplings with spinach and tomato sauce (7,21a,23,27,30,36,29)  
1,35 € | 2,70 € | 2,95 €
- COLD Soya strips with carrots, leek, glass noodles and sesame (28,31,29)  
2,10 € | 4,20 € | 4,60 €
- Soya strips with carrots, leek, glass noodles and sesame (28,31,29)  
2,10 € | 4,20 € | 4,60 €
- Whole grain penne rigate with broccoli, tomatoes and roasted pumpkin seeds (7,8,21a,32)  
1,45 € | 2,90 € | 3,20 €
- COLD Whole grain penne rigate with broccoli, tomatoes and roasted pumpkin seeds (7,8,21a,32)  
1,45 € | 2,90 € | 3,20 €
- Four egg pancakes with apple sauce (7,21a,23,30)  
1,45 € | 2,90 € | 3,20 €

Preislegende: Studierende | Beschäftigte | Gäste

Deklarationspflichtige Zusatzstoffe: 2) contains pork or gelatine derived from pork, 3) contains alcohol, 4) flavour enhancer, 5) waxed, 6) contains preservative, 7) contains antioxidant, 8) contains artificial colours, 9) contains phosphate, 10) blackened, 12) contains a source of phenylalanine, 13) contains artificial sweeteners, 14) contains finely ground meat, 16) contains caffeine, 17) contains quinine, 19) sulphuretted, 20) laxative effect

Legende Allergene: 21) contains gluten from grain, 21a) wheat, 21b) rye, 21c) barley, 21d) oat, 21e) spelt, 21f) kamut, 22) crustaceans, 23) contains eggs, 24) fish, 25) peanuts, 26) shell fruits, 26a) almonds, 26b) hazelnut, 26c) walnut, 26d) cashew nut, 26e) pecans, 26f) Brazil nuts, 26g) pistachio, 26h) macadamia, 27) contains celery, 28) contains soy protein, 29) mustard, 30) milk and dairy products, including lactose, 31) sesame seed, 32) sulphur oxide & sulfide at concentration of >10mg/kg or 10mg/l, 33) lupine, 34) molluscs, 35) nitrite curing salt, 36) contains yeast

Despite careful production of our dishes may contain traces of other substances in addition to the labeled ingredients, which are used in the production process in the kitchen or are already contained as traces in the delivered food.

The best choice! The more, the better! Good choice! Every now and then. Rather rare! Best combined with green! Meals are made without fish or meat. Meals are made exclusively of vegan raw materials. sustainable food, sustainable fisheries, Klimaessen Fairtrade - with ingredients from fair trade



	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
<b>Beilage</b>	<ul style="list-style-type: none"> <li>  Romanesco broccoli (36) 0,60 €   1,20 €   1,30 €</li> <li>  Savoy cabbage in cream (28,36) 0,85 €   1,70 €   1,85 €</li> <li>  Potatoes 0,60 €   1,20 €   1,30 €</li> <li>  Rice 0,60 €   1,20 €   1,30 €</li> <li>Sauce/Dip Extra 0,30 €   0,60 €   0,65 €</li> </ul>	<ul style="list-style-type: none"> <li>  Peas (36) 0,60 €   1,20 €   1,30 €</li> <li>  Vegetable stir-fry 0,60 €   1,20 €   1,30 €</li> <li>  Potatoes 0,60 €   1,20 €   1,30 €</li> <li>  Mashed potatoes ve-gan (28) 0,75 €   1,50 €   1,65 €</li> <li>  Curried rice with veg-etables (27,29) 0,60 €   1,20 €   1,30 €</li> <li>Sauce/Dip Extra 0,30 €   0,60 €   0,65 €</li> </ul>	<ul style="list-style-type: none"> <li>  Cauliflower 0,60 €   1,20 €   1,30 €</li> <li>  Bell peppers and zuc-chini (36) 0,60 €   1,20 €   1,30 €</li> <li>  Potatoes 0,60 €   1,20 €   1,30 €</li> <li>  Bow tie pasta (21a) 0,60 €   1,20 €   1,30 €</li> <li>  Basmati rice 0,60 €   1,20 €   1,30 €</li> <li>Sauce/Dip Extra 0,30 €   0,60 €   0,65 €</li> </ul>	<ul style="list-style-type: none"> <li>  Carrot sticks (36) 0,60 €   1,20 €   1,30 €</li> <li>  Creamed celery (7, 27,28,36) 0,85 €   1,70 €   1,85 €</li> <li>  Potatoes 0,60 €   1,20 €   1,30 €</li> <li>  Roast potatoes 0,75 €   1,50 €   1,65 €</li> <li>  Brown rice 0,60 €   1,20 €   1,30 €</li> <li>Sauce/Dip Extra 0,30 €   0,60 €   0,65 €</li> </ul>	<ul style="list-style-type: none"> <li>  Needle beans (36) 0,60 €   1,20 €   1,30 €</li> <li>  Stewed fennel with bell peppers 0,85 €   1,70 €   1,85 €</li> <li>  Parsley potatoes 0,60 €   1,20 €   1,30 €</li> <li>  Homemade potato salad vinegar / oil (13,36,29) 0,75 €   1,50 €   1,65 €</li> <li>  Wild rice 0,60 €   1,20 €   1,30 €</li> <li>Sauce/Dip Extra 0,30 €   0,60 €   0,65 €</li> </ul>

Preislegende: Studierende | Beschäftigte | Gäste

Deklarationspflichtige Zusatzstoffe: 2) contains pork or gelatine derived from pork, 3) contains alcohol, 4) flavour enhancer, 5) waxed, 6) contains preservative, 7) contains antioxidant, 8) contains artificial colours, 9) contains phosphate, 10) blackened, 12) contains a source of phenylalanine, 13) contains artificial sweeteners, 14) contains finely ground meat, 16) contains caffeine, 17) contains quinine, 19) sulphuretted, 20) laxative effect

Legende Allergene: 21) contains gluten from grain, 21a) wheat, 21b) rye, 21c) barley, 21d) oat, 21e) spelt, 21f) kamut, 22) crustaceans, 23) contains eggs, 24) fish, 25) peanuts, 26) shell fruits, 26a) almonds, 26b) hazelnut, 26c) walnut, 26d) cashew nut, 26e) pecans, 26f) Brazil nuts, 26g) pistachio, 26h) macadamia, 27) contains celery, 28) contains soy protein, 29) mustard, 30) milk and dairy products, including lactose, 31) sesame seed, 32) sulphur oxide & sulfide at concentration of >10mg/kg or 10mg/l, 33) lupine, 34) molluscs, 35) nitrite curing salt, 36) contains yeast

Despite careful production of our dishes may contain traces of other substances in addition to the labeled ingredients, which are used in the production process in the kitchen or are already contained as traces in the delivered food.

The best choice! The more, the better! 
 Good choice! Every now and then. 
 Rather rare! Best combined with green!. 
 Meals are made without fish or meat. 
 Meals are made exclusively of vegan raw materials. 
 sustainable food, 
 sustainable fisheries, 
 Klimaessen, 
 Fairtrade - with ingredients from fair trade